

SrI vArAhI dEvi lagu
pUjA vidhAnam





SrI aruNAmbA sahita SrI
guru karuNAmaya



Website: <http://www.srimeru.org>

Email: srimeru999@gmail.com

Phone: +91 8088256632

Facebook: <https://www.facebook.com/Soundarya.Lahari>

1. guru dhyAnam: (Two Times)

aim hrIm SrIm aim klIm sauhu hamsah Sivaha sOham
 hasakhaphrEm - hasakshamalavarayUm hasaum
 sahakshamalavaraIm sahauhu
 svarUpa nirUpaNa hEtaVE svaguravE SrI
 aruNAmbA sahita SrI karuNAmaya
 SrI guru SrI pAdukAm pUjayAmi tarpayAmi namaha

If do not have a guru mantram recite below gruru mantram

guru brahmA gurur vishNuhu guru dEvO mahESvaraha guru
 sAkshAt para brahmA tasmai SrI guravE namaha

2. gaNapati dhyAnam:

SuklAmbaradharam vishNum SaSi varNam chaturbhujam
 prasanna vadanam dhyAyEt sarva vighnOpa SAntayE
 agajAnana padmArkam gajAnanam aharniSam
 anEkadantam bhaktAnAm Ekadantam upAsmahE

3. Achamanam:

Take a spoon of water in your right hand three times and drink each time reciting the following mantra

- aim Atma tatvAya svAhA
- klIm vidyA tatvAya svAhA
- sauh Siva tatvAya svAhA

Release the water from between middle and ring fingers of right hand into a plate, reciting the following mantra:

aim klIm sauh sarva tatvEbhyah svAha

4. prANAyAmam: Do 3 cycles of breathing by reciting gAyatrI mantra mentally

breathe in (pUrakam) – 1 time – gAyatrI mantra

hold (kumbhakam) – 2 times – gAyatrI mantra release

(rEchakam) – 1 time – gAyatrI mantra

hold (bahir kumbhakam) – 1 time – gAyatrI mantra

This is 1 cycle, repeat like this 3 times

5. samkalpam:

Take akshatAn in right hand, and recite below samkalpam then put akshtAs on SrI vArAhI dEvi vighram/phoTo/yantram.

mama upAtta samasta duritakshaya dvArA SrI vArAhI dEvi prItiyartham mama

sahakuTumbasya, SrI vArAhI dEvi

sampUrNa anugraha siddhyartham yathA

Sakti SrI vArAhI dEvi laghu pUjAm karishyE

Put the akshatAn on SrI vArAhI dEvi idole/photo/yantram

6. mUla mantram:

aim glaum aim

namObhagavati

vArtALi vArtALi

vArAhi vArAhi

varAhamukhi

varAhamukhi

andhE andhini namaha rundhE rundhini namaha

jambhE jambhini namaha

mOhE mOhini namaha sthambhE sthambhini namaha

sarvadushTa pradushTAnAm sarvEshAm

sarva vAkchitta chakshurmukhagati

jihvAsthambhanam kuru kuru SIghram vaSyam

aim glaum Thaha Thaha Thaha

Thaha hum astrAya phaT

If you don't have taken Mantra

deeksha from Guruji, then

aim glaum vArAhI dEvatAyai

namaha

is to be used as vArAhI mUla

mantra

shODaSO pachAra pUja:

dhyAnam

mAtarvArAhi jAtE tavacharaNa sarOjArchanamvA japamvA
kartum SaktOnachAham tadapi cha sadayE mayyatastvAm hi yA
chE
yastvAm damshTrA SitAgrAm triNayana lasitAm chAru bhUdAra vaktrAm
mUrtim chittE vidhattE tadarigaNa vinASOstu tasmin kshaNEvai

Om mahishadhvajAyai vidmahE danDahastAya

dhImahi tannO vArAhI prachOdayAt

1. mUla mantram + SrI vArAhI para dEvatAyai namaha dhyAyAmi
(Place akshatAn on SrI vArAhI dEvi/yantram)
2. mUla mantram + SrI vArAhI para dEvatAyai namaha AavAhayAmi
(Place akshatAn /Flowers on SrI vArAhI dEvi/yantram)
3. mUla mantram + SrI vArAhI para dEvatAyai namaha ratna simhAsanArtham
pushpam/akshtAn samarpayAmi
(akshatAn/Flowers on SrI vArAhI dEvi/yantram)
4. mUla mantram + SrI vArAhI para dEvatAyai namaha pAdyam samarpayAmi
(Sprinkle water on SrI vArAhI dEvi/yantram with a flower)
5. mUla mantram + SrI vArAhI para dEvatAyai namaha arghyam samarpayAmi
(Sprinkle water on SrI vArAhI dEvi/yantram by imagining washing amma's
feet with a flower)
6. mUla mantram + SrI vArAhI para dEvatAyai namaha AachamanIyam
samarpayAmi
(Offer water on SrI vArAhI dEvi/yantram with a spoon)
7. mUla mantram + SrI vArAhI para dEvatAyai namaha snAnam snapayAmi
(Sprinkle water on SrI vArAhI dEvi/yantram with a flower by
reciting mUla mantram ... 16 times
If you have some time recite SrI sUktam
and do abhishEkam to SrI vArAhI dEvi)
8. mUla mantram + SrI vArAhI para dEvatAyai namaha vastrArthE
pushpam/ashatAam samarpayAmi -(Offer sAri, jAket or flowers or
akshatAn onto SrI vArAhI dEvi/yantram)

9. mUla mantram + Srl vArAhI para dEvatAyai namaha AabharaNArthE haridrA, kumkumam samarpayAmi

(Offer haridrA, kumkumam onto Srl vArAhI dEvi/yantram)

10. mUla mantram + Srl vArAhI para devatAyai namaha gandham dhArayAmi (Apply sandalwood powder onto Srl vArAhI dEvi/yantram)

11. mUla mantram + Srl vArAhI para devatAyai namaha pushpaih/kumkumam pUjayAmi

Recite Srl vArAhI dEvi 108 names and do pUja
with kumkum or flowers onto Srl vArAhI dEvi picture/yantram

SrI vArAhI ashTottara Sata nAmAvaLihi

1. aim glaum namo varAha vadanAyai namaha
2. aim glaum namO vArAhyai namaha
3. aim glaum vara rUpiNyai namaha
4. aim glaum krOdhananAya namaha
5. aim glaum kOlamukhyai namaha
6. aim glaum jagadambAyai namaha
7. aim glaum tAruNyai namaha
8. aim glaum viSvESvaryai namaha
9. aim glaum sanKhinyai namaha
10. aim glaum chakriNyai namaha
11. aim glaum khaDga Sula gadA hastAyai namaha
12. aim glaum musaladhAriNyai namaha
13. aim glaum halasakAdi samAyuktAyai namaha
14. aim glaum bhaktAnAm abhaya pradAyai namaha

15. aim glaum ishTArthadAyinyai namaha
16. aim glaum ghOrAyai namaha
17. aim glaum mahA ghOrAyai namaha
18. aim glaum mahA mAyAyai namaha
19. aim glaum vArtALyai namaha
20. aim glaum jagadISvaryai namaha
21. aim glaum andhE andhinyai namaha
22. aim glaum rundhE rundhinyai namaha
23. aim glaum jambhE jambhinyai namaha
24. aim glaum mOhE mOhinyai namaha
25. aim glaum stambhE stambhinyai namaha
26. aim glaum dEvESyai namaha
27. aim glaum SatrunASinyai namaha
28. aim glaum ashTabhujAyai namaha
29. aim glaum chatur hastAyai namaha
30. aim glaum unnata bhairavAngasthAyai namaha
31. aim glaum kapila lOchanAyai namaha
32. aim glaum panchamyai namaha
33. aim glaum IOkESyai namaha
34. aim glaum nIlamaNi prabhAyai namaha
35. aim glaum anjanAdri pratIkASAyai namaha
36. aim glaum simhArUDhAyai namaha
37. aim glaum trilOchanAyai namaha

38. aim glaum SyAmalAyai namaha
39. aim glaum paramAyai namaha
40. aim glaum ISAnAyai namaha
41. aim glaum nIIAyai namaha
42. aim glaum indIvara sannibhAyai namaha
43. aim glaum Ghanasthana samOpEtAyai namaha
44. aim glaum kapilAyai namaha
45. aim glaum kaLAtmikAyai namaha
46. aim glaum ambikAyai namaha
47. aim glaum jagaddhAriNyai namaha
48. aim glaum bhaktOpadrava nASinyai namaha
49. aim glaum suguNAyai namaha
50. aim glaum nishkalAyai namaha
51. aim glaum vidyAyai namaha
52. aim glaum nityAyai namaha
53. aim glaum viSvaSankarAyai namaha
54. aim glaum mahArUpAyai namaha
55. aim glaum mahESvaryai namaha
56. aim glaum dhUmra vArAhyai namaha
57. aim glaum viSvavyApinyai namaha
58. aim glaum dEvyai namaha
59. aim glaum paSUnAm bhayakAriNyai namaha
60. aim glaum kALikAyai namaha

61. aim glaum bhavadAyai namaha
62. aim glaum balimAmsa mahApriyAyai namaha
63. aim glaum jayabhairavyai namaha
64. aim glaum kRushNAmgAyai namaha
65. aim glaum paramESvara vallabhAyai namaha
66. aim glaum sudhAyai namaha
67. aim glaum stutyai namaha
68. aim glaum surESAnyai namaha
69. aim glaum brahmAdi varadAyai namaha
70. aim glaum svarUpiNyai namaha
71. aim glaum surAnAm abhaya pradAyai namaha
72. aim glaum varAhadEha sambhUtAyai namaha
73. aim glaum SrONi vArAlasE namaha
74. aim glaum krOdhinyai namaha
75. aim glaum nIlAnyai namaha
76. aim glaum SubhapradAyai namaha
77. aim glaum aSubhavAriNyai namaha
78. aim glaum SatrUnAm vAkstambhana kAriNyai namaha
79. aim glaum SatrUnAm gathistambhana kAriNyai namaha
80. aim glaum SatrUnAm mathistambhana kAriNyai namaha
81. aim glaum SatrUnAm sAkshI stambhana kAriNyai namaha
82. aim glaum SatrUnAm mUka stambhinyai namaha
83. aim glaum SatrUnAm jihvA stambhinyai namaha

84. aim glaum dushTAnAm nigraha kAriNyai namaha
85. aim glaum SishTAnugraha kAriNyai namaha
86. aim glaum sarvaSatru kshayakarAyai namaha
87. aim glaum SatrusAdhana kAriNyai namaha
88. aim glaum Satruvidhv EshaNa kAriNyai namaha
89. aim glaum bhairavI priyAyai namaha
90. aim glaum mantrAtmikAyai namaha
91. aim glaum yantra rUpiNyai namaha
92. aim glaum tantra rUpiNyai namaha
93. aim glaum pIThAtmikAyai namaha
94. aim glaum dEvadEvyai namaha
95. aim glaum SrEyasa kAriNyai namaha
96. aim glaum chintitArtha pradAyinyai namaha
97. aim glaum bhakta alakshmi vinASinyai namaha
98. aim glaum sampat pradAyinyai namaha
99. aim glaum saukhya kAriNyai namaha
100. aim glaum laghu vArAhyai namaha
101. aim glaum svapna vArAhyai namaha
102. aim glaum namo bhagavatyai namaha
103. aim glaum ISvaryai namaha
104. aim glaum sarvArAdhyAyai namaha
105. aim glaum sarvamayAyai namaha

106. aim glaum sarva lOkAtmikAyai namaha

107. aim glaum mahishASInAyai namaha

108. aim glaum bRhad vArAhyai namaha

iti SrI vArAhI ashTOttaraSata nAmAvaLihi samAptam

12. mUla mantram + SrI vArAhI para dEvatAyai namaha dhUpam
AghrApayAmi

(Light the Incense stick and show to SrI vArAhI dEvi/yantram)

13. mUla mantram + SrI vArAhI para dEvatAyai namaha dIpam darSayAmi

Recite the following mantram while showing the lamp to SrI vArAhI dEvi

lakshmIm kshIra samudra rAja tanayAm SrI ranga dhAmESvarIm

dAsI bhUta samasta dEva vanitAm lOkaiKa dIpAnkurAm

SrI man manda kaTAksha labda vibhavAm brahmEndra gangAdharAm tvAm

trailOkya kuTumbinIm sarisijAm vande mukunda priyAm

14. mUla mantram + SrI vArAhI para dEvatAyai namaha naivEdyam nivEdayAmi

(offer Red Fruits/Sweet Pongal naivEdyam)

Now start sprinkling water in clockwise direction around the naivEdyam plate

and recite below mantrAs

Om bhUr bhuvassuvaha tat savitur varENyam bharghO

dEvasya dhImahi dhiyO yOnah prachOdayAt

Om ApO jyotI rasOmruThm brahma bhUrbhuvaha suvarOm

satyam tvarthEna parishinchAmi - (if day time)

Rtam tvA satyEna parishinchAmi - (if night time)

amruta mastu

amrutO pastaraNamasi

Offer some naivEdyam to amma by reciting the below mantras.

Om praNAya svAhA, Om apAnAya svAhA Om

vyAnAya svAhA, Om udAnAya svAhA Om

samAnAya svAhA, Om brahmanE svAhA

Offer water with spoon to amma and drop in the plate madhyE

madhyE amruta pAniyam samarpayAmi

Now sprinkle water around the naivEdyam plate in anticlockwise direction and

recite below mantrAs

amruthApidhAnamasi uttarA

oupOSanam samarpayAmi

Now offer water with a spoon to amma and drop in the plate while reciting each

mantra given below

hastau prakshAlayAmi pAdau

prakshAlayAmi

sudda AchamanIyam samarpayAmi

SrI vArAhI dEvi prIthyartham madhura naivEdyam nivEdayAmi SrI

paramEsvarI arpaNamastu.

15. mUla mantram + SrI vArAhI para dEvatAyai namaha mantra pushpam
samarpayAmi

(Place akshatAn on SrI vArAhI dEvi/yantra by reciting below vArAhI gAyatri
mantram)

Om mahishadhvajAyai vidmahE danDahastAya dhImahi tannO

vArAhI prachOdayAt

Om Santhihi Santhihi Santhihi

16. mUla mantram + SrI vArAhI para dEvatAyai namaha Aananda karpUra
nIrAjanam darSayAmi

(Light camphor and show it to SrI vArAhI dEvi/yantram, then put a drop of water
on the hArati plate)

rakshAn dhArayAmi (show hands to hArati and touch both eyes with both hands)

Now take some akshatAn in right hand while saying below mantra pour water on akshtAn
and drop them in a plate

mantra hInam, kriyA hInam, bhakti hInam, SraddhA hInam dravya

hInam paramEshvari yat pUjitam mayAdEvi paripUrNam tadasthutE

mayAkruta Etat pUjA sarvam SrI vArAhI dEvatArpaNamastu

Conclude pUja by reciting below mantra

Om pUrNamadah pUrNamidam pUrNAt pUrNamudachyatE

pUrNasya pUrNamAdAya pUrNamEvA avaSishyatE

Om SAnthihi, SAnthihi, SAnthihi.