

Sree Vanadurga Saadhana

During the month of Chaitra, which falls in the Vasanta ritu (spring season), nature comes alive from the preceding winter, and Mother manifests herself through nature as Vanadurga. Mothers' presence is all-pervading, she is in the tender leaves of neem, blooming mango flowers and the melodious chirping of birds. In Chaitra, we celebrate Vasanta Navaratri, starting from Chaitra Shuddha Padyami to Chaitra Shuddha Navami. It is highly auspicious to worship Mother as Vanadurga during this period with her mantra, as detailed below. She provides abundant wealth, extensive protection from enemies and dispels fear and worries.

Vanadurga Mantra

Om hreem dum utthishta purushi kim swapishi bhayam me samupasthitham yadisakyam asakyam vaa tanme bhagavati samaya samaya swaaha dum hreem om

Japa

We must preferably recite her mantra for at least 1000 times every day, taking care to maintain the minimum count. Exceptionally, if that is not possible, we may recite her mantra at least 108 times every day.

Nitya Pooja

As we perform Japa, we must also perform daily Vanadurga nitya pooja for Mother to support our worship and practice. Please refer to the link given below for further information.

Tarpana

Tarpana, that is the sacred offering of perfumed water in expression of happiness and satisfaction, must be completed using her mantra. When performing Vanadurga tarpana, Mother is represented as the turmeric Gauri Devi (round bottom) to which 108 oblations of perfumed water are made using her mantra above with the suffix "tarpayami namaha".

Om hreem dum utthishta purushi kim swapishi bhayam me samupasthitham yadisakyam asakyam vaa tanme bhagavati samaya samaya swaaha dum hreem om tarpayami namaha.

Homa

Homa, that is the making of offerings in sacred fire must be completed with her mantra. Vanadurga homa can be performed with ajya, havis, herbs and special offerings such as jasmine flowers, cumin seeds, milk, curd, palm jaggery, turmeric, kumkum and sandalwood powder as ahuthis. When performing, Vanadurga Homam offerings are made using her mantra above with the suffix "swaaha".

Om hreem dum utthishta purushikim swapishi bhayam me samupasthitham yadisakyam asakyam vaa tanme bhagavati samaya samaya swaaha dum hreem om swaaha.

For further information about Vanadurga homa, please refer to the link given below.

(Insert link for nitya pooja and homa)