

### **Sree Narayana Laghu Homa Vidhi**

According to Parasurama Kalpa Sutra, the homa vidhi is explained

#### **1. Guru Dhyaanam:**

Recite "Guru Brahma Guru vishnuhu Gururdevo Maheswaraha Guru Saakshaath Para Brahma Tasmai Sree Gurave Namaha"

OR Guru Mantra if you have one.

#### **2. Ganapati Dhyanam:**

Recite Ganapati Moola Mantra 4 times

**Om Sreem Hreem Kleem Gloum Gam Ganapathame Vara Varada  
Sarva Janam Mey Vasamanaya Swaahaa**

#### **3. Aachamanam:**

Take a spoonful of pure water in your right hand and drink without touching upper lip reciting

"Eim Aatma Tatvaaya Swaahaa"

Drink another spoon of water in a similar way reciting

"Kleem Vidya Tatvaaya Swaahaa"

Drink another spoon of water in a similar way reciting

"Souhu Siva Tatvaaya Swaahaa"

Drink another spoon of water in a similar way reciting

"Eim Kleem Souh Sarva Tatvebhya Swaahaa"

Pour water into a plate in such a way that water flows between your middle and ring fingers into the plate and recite.

#### **4. Praanaayama:**

**Gayatri Mantra:**

**OM Bhoor Bhuvah Suvaha Tat Savitur Varenyam Bhargo Devasya  
Dheemahi  
Dhiyo Yonah Prachodayaath**

- ✦ Closing your left nostril with your right ring finger breathe into the right nostril reciting Gayatri Mantra mentally once. Now close the right nostril also with your right thumb and hold the breathe inside reciting Gayatri Mantra mentally twice
- ✦ Open the left nostril and breathe out slowly reciting Gayatri Mantra mentally once.
- ✦ Hold the breath outside without breathing in and recite Gayatri Mantra mentally once.
- ✦ Closing your Right nostril with your right thumb breathe into the left nostril reciting Gayatri Mantra mentally once.
- ✦ Now close the left nostril also with your right ring finger and hold the breathe inside reciting Gayatri Mantra mentally twice.
- ✦ Open the Right nostril and breathe out slowly reciting Gayatri Mantra mentally once.
- ✦ Hold the breath outside without breathing in and recite Gayatri Mantra mentally once.

### 5. Samkalpam:

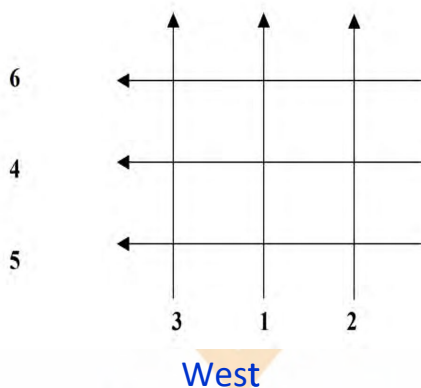
Take Akshatas in your right fist and keep your right fist on your left palm and keep both on your right thigh and recite

“Mama Upaatta Samastha Duritakshaya dwaaraa Sri Alarmelu Manga Sametha Sri Venkateswara swamy preetyartham laghu margena Narayana homam Karishye”

Put a spoonful of water in right hand and Drop the Akshataas along with water into a plate.

### 6. Agni Mukham

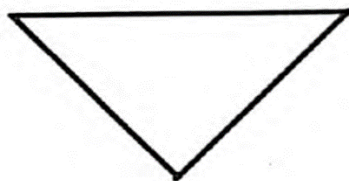
Sit facing East/North/West. Put white rice powder in Homa Kunda and level it. Draw six lines in the homa kundam with incense stick in the sequence 1-2-..6 and with the following six mantras



SOUNDARYALAHARI

1. Om brahmane namaha
2. Om yamaaya namaha
3. Om somaaya namaha
4. Om rudraaya namaha
5. Om vishnave namaha
6. Om indraaya Namaha

Arrange 9 sticks or dry coconut pieces in the form of a triangle facing towards you



Light camphor reciting **gayatri mantra** and place it in the center of the triangle formed by wooden sticks and maintain the fire by putting more sticks

Hold akshatas (sacred rice mixed with turmeric powder) in your hand and recite the following mantra

**agnim dootam vruṇemahe hotaaram viśvavedasam asyayajnasya sukratum  
raam reem room raim raum raḥa ramalavarayoom agni mamḍalaaya namaḥ  
agnim aavaahayaami**

and put the akshatas into the fire invoking fire God.

- ✦ recite **agnidevatā preetyartham gamdham samarpayāmi** and offer sandalwood powder to fire
- ✦ recite **agnidevatā preetyartham puṣpam samarpayaami** and offer flower to fire recite **agnidevataa preetyartham akṣataam samarpayaami** and offer akshatas to fire
- ✦ recite **agnidevataa preetyartham dhoopam aaghrapayami** and offer lighted incense stick to fire
- ✦ recite **agnidevataa preetyartham deepam samarpayaami** and show light to fire
- ✦ recite **agnidevataa preetyartham naivedyam nivedayaami** and offer dry fruits or sugar crystals to fire

Place the naivedyam in a plate and sprinkle water in clockwise direction around the offering in the plate by reciting following mantra

**OM Bhoor Bhuvah Suvaha Tat Savitur Varenyam  
Bhargo Devasya Dheemahi  
Dhiyo Yonah Prachodayaath  
Omaapojyoti rasomrutam brahma bhurbhavasuvaro**

Put a drop of water on the naivedyam and recite

**Amruthamastu Amruthopastarana masi**

Sprinkle water in clockwise direction around the offering and recite the following mantra

**satyamtvartena parishimchami - (if it is day time)**

**Rutam tvartena parishimchami - (if it is night time)**

Offer the naivedyam to the fire (preferably with Mudras (explained separately)) reciting the mantras

Om Praanaaya Swaaha  
 Om Apaanaaya Swaaha  
 Om Vyaanaaya Swaaha  
 Om Udaanaaya Swaaha  
 Om Samaanaaya Swaaha  
 Om Brahmane Swaahaa

### **Madhye Madhye Paaneeyam Samrpayami**

(offer drop of water on the Homa Kundam)

Recite the mantra below by sprinkling water in anti-clockwise direction around the plate

**Amruthamastu Amruthaapidhaanamasi Uttara ouposanam samarpayaami**

### **Hastau prakshalayami**

(put a drop of water on the homa kundam imagine washing Agni devetha's palms)

### **Padau prakshalayami**

(put a drop of water on the homa kundam imagine washing Agni devetha's feet)

### **Sudda aachamaneeyam samarpayami**

(offer some water on the homa kundam imagine washing Agni devetha drinking it)

Srividya Learning Center  
 (A Unit of Soundarya Lahari Trust)  
 www.srimeru.org  
 Ph: +91 8867709990, +918861858899

## 7. Invoking Venkateswara swamy

Recite the following Narayana mantra and offer akshatas to fire invoking Homa Devatha.

Om Narayanaaya Sri Alarmelu Manga Sametha Sri Srinivasa Swamin  
**aavaahayaami** put akshatas into the fire

Om Narayanaaya Sri Alarmelu Manga Sametha Sri Srinivasa Swami  
**preetyartham gamdham samarpayaami** and offer sandalwood powder to fire

Om Narayanaaya Sri Alarmelu Manga Sametha Sri Srinivasa Swami  
**preetyartham puṣpam samarpayaami** and offer flower to fire

Om Narayanaaya Sri Alarmelu Manga Sametha Sri Srinivasa Swami  
**preetyartham akṣataam samarpayaami** and offer akshatas to fire

Om Narayanaaya Sri Alarmelu Manga Sametha Sri Srinivasa Swami  
**preetyartham dhoopam aaghraapayaami** and offer lighted incense stick to fire

Om Narayanaaya Sri Alarmelu Manga Sametha Sri Srinivasa Swami  
**preetyartham deepam Darsayaami** and show light to fire

Om Narayanaaya Sri Alarmelu Manga Sametha Sri Srinivasa Swami  
**preetyartham naivedyam nivedayaami** and offer dry fruits or sugar crystals to fire

Place the naivedyam in a plate and sprinkle water in clockwise direction around the offering in the plate by reciting following mantra

**OM Bhoor Bhuvah Suvaha Tat Savitur Varenyam  
Bhargo Devasya Dheemahi  
Dhiyo Yonah Prachodayaath  
Omaapojyotl rasomrutam brahma bhurbhavasvaro**

Put a drop of water on the naivedyam and recite

**Amruthamastu Amruthopastarana masi**

Sprinkle water in clockwise direction around the offering and recite the following mantra

**satyamtvartena parishimchami - (if it is day time)**

**Rutam tvartena parishimchami - (if it is night time)**

Offer the naivedyam to the fire (preferably with Mudras (explained separately))  
reciting the mantras

Om Pranaaya Swaaha

Om Apaanaaya Swaaha

Om Vyaanaaya Swaaha

Om Udaanaaya Swaaha

Om Samaanaaya Swaaha

**Madhye Madhye Paaneeyam Samrpayami**

(offer drop of water on the Homa Kundam)

Recite the mantra below by sprinkling water in anti-clockwise direction around the plate

**Amruthamastu Amruthaapidhaanamasi Uttara ouposanam samarpayaami**

**Hastau prakshalayami**

(put a drop of water on the homa kundam imagine washing Sree Maha Ganapati's palms)

**Padau prakshalayami**

(put a drop of water on the homa kundam imagine washing Sree Maha Ganapati's feet)

**Sudda aachamaneeyam samarpayami**

(offer some water on the homa kundam imagine washing Sree Maha Ganapati drinking it)

Hold two incense sticks dipping into the ghee and recite the below Mantra **for 7 times**

Om Narayanaaya

Offer Ghee and any ahuti material like ghee, rice puff or 108 herbs powder when you say svaaha

#### 8. Main Homa:

**Guru Brahma Gurur Vishnuhu Gururdevo Maheswaraha Guru Saakshaath  
Prabrahma Tasmai Sree Guravey Namaha Swaahaa ----- 2 times**

**om śreem hreem kleem glaum gam gaṇapataye vara varada sarvajanam mey  
vaśamaanaya svaahaa svaahaa śree śreepatyaadi sidhdhalakṣmee sameta śree  
vallabha śreemahaagaṇapataye idam namama ----- 4 times**

Offer ghee to the fire by reciting “ Om Narayanaaya **svaahaa** “ 108 times

#### 9. utara mukam mahavyaahruruti homam

by reciting the below 4 mantras offer ghee to the agni kundam

- ✦ OM bhUragna yEcha pRuthivyaicha mahatEcha vAhA
- ✦ agnayE pRuthivyai mahatE idaM namama
- ✦ OM bhuvO vaayavEcha aMtarikShaayacha mahatEcha  
svaahaa
- ✦ vaayavEcha aMtarikShaayacha mahatE idaM namama
- ✦ OM suvaraadityaayacha divEcha mahatEcha svAhA

- ✦ aadityaayacha divEcha mahatE idaM namama
- ✦ OM bhUrbhuvassuvaSchaMdramasEcha nakShatrEbhycha  
digbhyaScha  
mahatEcha svAhA
- ✦ caMdramasE nakShatrEbhyO digbhyO mahatE idaM namama

## 10. Poornahuti

Take 12 dry dates or any fruit or dry coconut(full) and add ghee 12 times and offer to fire reciting the following

**Itaḥ poorvam praṇa budhdhi deha dharma  
adhikaarataḥ jaagrat svapna suṣhupti avasthaaṣu  
manasaa vaacaa karmaṇaam hastaabhyaam  
padhbhyaam udareṇa śísnaa yonyaa  
yat smṛtam yaduktam yat kṛtam tat sarvam  
brahmaarṇam bhavatu svaahaa**

Offer the balance ghee leftover in the vessel to Agni reciting the following mantra

**Poorṇamadaḥ poorṇamidam poorṇaat poorṇamudacyate  
Poorṇasya poorṇamaadaaya poorṇamevaavaśiṣhyate**

After this do pradikshana 3 times around the fire by chanting Gayatri Mantra

Take a portion of the ash from the fire, mix it with a drop of ghee, apply to your forehead and to members who participated in the homam while reciting the moola mantra of the homa deity.



### 11. Agni udyapana

With both hands facing upwards, looking directly into the fire, recite the following mantra and at the end of the mantra show gestures of taking the energy back into you

hrutpadma karnikaa madhye sivena sahasamkarl

pravisatvam mahaadevi sarva avaranaih saha

chidagnim, devataamsca, Atmani yathaasthaanam pravesayaami

Take akshatas and water into the right hand and drop into a plate reciting the following mantra

mantraheenam kriyaa heenam bhakti heenam śradhdhaa heenam dravya

heenam Ganaadhipa yatpoojitam mayaadeva paripoornam tadastute anayaa

mayaa kṛta ye tat homa phalena Sri Alarmelu Manga Sametha Sri Srinivasa

Swami Sampoorana Anugraha Siddhyartham sarvam S Sri Alarmelu Manga

Sametha Sri Srinivasa Swami Sri Alarmelu Manga Sametha Sri Srinivasa Swami

Sri Alarmelu Manga Sametha Sri Srinivasa Swami Sri Alarmelu Manga

Sametha Sri Srinivasa Swami Sri Alarmelu Manga Sametha Sri Srinivasa Swami

Arpanamasthu

SOUNDARYALAHARI

**OM SANTI! OM SANTI! OM SANTI!**